



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOR A BETTER US

2020 ANNUAL REPORT
MOUNT DESERT ISLAND YMCA



MINUTES FROM ANNUAL MEETING MAY 28, 2020

Call to Order – Sara O’Connell – 5:00pm

Business Meeting

A. Approval of the Annual Meeting Minutes, May 28, 2019 – Sara O’Connell

Motion to Approve May 28, 2019 Annual Meeting Minutes: Sara O’Connell

Seconded: Scott Hammond

Discussion: None

Yeas: All

Nays: None

Abstention: None

B. Recommended Changes to By-Laws – Scott Hammond

Motion to Accept Change to the By-Laws per Recommendations: Scott Hammond

Seconded: Art Blank

Discussion: None

Yeas: All

Nays: None

Abstentions: None

C. Report of the Treasurer – Art Blank

D. Report of the Trustees – Ron Wrobel

Motion to Approve the renewal of 3 year terms for Trustees: Chad Smith and Dean Read; and to approve the slate of Trustee Officers including: Ron Wrobel, Chair; Chad Smith, Secretary; and Scott Hammond, Treasurer: Ron Wrobel

Seconded: Sara O’Connell

Discussion: None

Yeas: All

Nays: None

Abstain: None

E. Report of the President of the Board – Sara O’Connell

F. Recognition of Board Members – Sara O’Connell

G. Report of the Executive Director – Tommy Parham

H. Featured Program: Adventure Camps – Jared Erskine

Presentation of Awards

A. Josh Sprague Youth Award

Presenter: Tommy Parham

Recipient: TJ Willis

B. Norman P. Shaw Member of the Year Award

Presenter: Tommy Parham

Recipient: Shannon Smith

C. Lenny DeMuro Staff Award

Presenter: Tommy Parham

Recipient: Damian Vazquaz

D. Edward Mears Volunteer Award

Presenter: Tommy Parham

Recipient: Scott Hammond

Q&A Session: Sara O’Connell and Tommy Parham

Adjourn – Sara O’Connell



Dear Friends,

As I write this letter, I think back over the last 12 months and am amazed that we can meet to talk about what has transpired, plan for the future, and not be afraid that our very existence as an organization is in question. The COVID-19 pandemic not only threatened our lives, our health, the lives and health of friends and family, but it also threatened our economy. Non-profit, membership based organizations were hit especially hard. Some will not survive.

Fortunately, the MDI YMCA is not on that list. A united effort by volunteers, staff, friends, partners, devoted members, state and federal representatives, and financial supporters have put the MDI YMCA in a strong position to move forward.

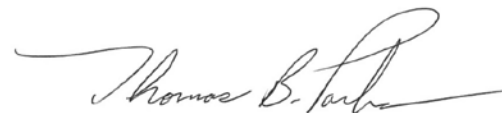
In this report, you will see how the MDI YMCA was able to continue to meet the needs of the island community by adapting to the ever-changing situation, using innovative, new techniques, overcoming obstacles, and seizing opportunities. You will also see that we have many to thank.

If you are reading this, you are probably someone who falls into that category. THANK YOU!

The MDI YMCA: Serving the MDI community yesterday, today, and tomorrow.



Scott Hammond
President, Board of Directors



Tommy Parham
Executive Director



YOUTH DEVELOPMENT

In 2020 our childcare department has provided important care throughout the pandemic.

We started with the emergency childcare in March 2020 to help MDI Hospital and other essential workers, providing a safe place for kids to go while parents became frontline workers battling the COVID-19 pandemic.

During Summer 2020 we opened our summer day camp, Camp Cadillac, at a smaller capacity to past years. We were also able to operate our Adventure Camps such as Fishing, Hiking, and Boulderin. We implemented guidelines put out by the State and National CDC, as well as the American Camping Association. For ten week we operated at maximum capacity, giving the children of the island a safe and (somewhat) normal summer.

Throughout the new school year, we offered Virtual Learning space for students K-6th when the schools were remote in September 2020. During this time we partnered with Conners-Emerson School who provided Ed Techs and hot spots to ensure that the students were able to connect with their teachers.

We have also continued to offer our K-6th grade After School Program, at limited capacity, following state and national guidelines.

2020 was not an easy year for any one in the community. The MDI YMCA is proud to be able to provide the stability of a safe place for the kids in the island community. Thank you for your continued support of the YMCA. We will be here for your children and your family.

Taylor Walls

Youth Development Director



HEALTHY LIVING



Yes, 2020 was a particularly challenging year, not only for the Wellness Department here at the MDI YMCA, but for everyone, the world –over. So the question becomes, how did we rise to that challenge?

I'm proud to say that we were immediately proactive in trying to protect and continue to serve our members. Here are a few of our steps:

- We instituted mask and social distancing rules, posting signs from day one
- We began an sustained a more aggressive schedule of cleaning and sanitizing equipment multiple times per day.
- We began offering virtual classes such as a virtual EnhanceFitness, a virtual LIVESTRONG at the Y, virtual yoga, virtual Tai Chi, SAT & SUN Core & Stretch with Mary, and even virtual personal training.
- We changed our licensing agreement with MOSSA from being able to run one instructor led program (Strength Train Together aka Group Power) to a subscription service that not only was offered to all members free for 60 days – but then continued to offered at a very reasonable subscription basis, which the MDI Y was paid a small percentage of for each member who paid for a subscription
- The other and more important aspect of “MOSSA On Demand” is that our new license allows us to run professionally researched, tested, and produced Fitness programs at our facility by projecting the programs on a large screen for our members.
- They offer over 100 individual workouts in total among the 11 different types of classes, such as step, dance fitness, yoga/pilates, strength training, HIIT, Cardio Kickboxing, indoor cycling.
- In March, during a large furlough of most of our employees, we kept a few of the virtual classes running on our own personal time (Active Older Adults, Personal Training, Tai Chi, Group Power) just to keep the community involved.
- With significant help from Chris, Nick, Bob, Tommy, even Norman, we repositioned the strength machines to the back half the gym, allowing us to put sufficient space between workout areas to have the required social distancing.
- In the spring/summer months, we offered outdoor classes. One class in particular, the Tabata and Core Focus with Rebeccah, was so popular it continued into the fall and early winter—still outdoors!

It was a challenging year, but we made it work, we were quick to adapt and kept our spirits up. Something that would have been nearly impossible without the great understanding and support of all the members who continued to be there with us.

MARK RICE-SCHOON

Senior Healthy Living Director

MEMBERSHIP REPORT – ROBERT HUFF

The past year has certainly been a challenge one for our YMCA and the community. Covid-19 has changed the way we all do things. During our 3-month closure we put in place all the guidelines recommended by the CDC. When we reopened, we were ready to serve our members. Our YMCA has continued to be very diligent in following those guidelines to keep our members safe. We would like to thank the individuals that continued their membership through our closure. Your support was greatly appreciated. Sixty percent of our membership base supported us through the pandemic, allowing us to continue to serve the community.

As time has passed, we are starting to see new and old faces back to our Y, and we look forward to servicing their needs. Please know that we will continue to work hard to meet the needs of our members. Thank you and stay safe.

BUILDING REPORT – CHRIS FARLEY

Even though we were closed for several months in 2020, we kept busy by giving our building some extra attention. We painted the walls and doors in the pool area, and in the fitness room we painted the walls, installed heat pumps, and replaced the 2ft x 2ft fluorescent lights with LED lights. We painted blue border around the track as well as painting the handrail on the track. Furthermore, we installed painted plywood on the one wall on the track to prevent anymore sheetrock damage; painted upstairs bathrooms; and had glass doors installed entering the pool area. For the childcare room we replaced the shingles and rubber roof that's over the room, and installed heat pumps for keep the kids warm in winter and cool in summer.

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SPECIAL EVENTS – JENNIFER BRITZ

The pandemic cancelled all our major events for 2020. The Acadia Half Marathon and 10k, the Acadia 70.8 Triathlon, the July 4th Lobster Races, and the BHBT Half Marathon and Fall 5k, did not occur and all registrations were transferred to 2021.

We did however hold a small Community 5k series over the summer/fall, following strict COVID safety guidelines. This gave participants the opportunity to race safely every other weekend. We even partnered with the Chamber of Commerce for on of our races.

Our Catch that Turkey 5k, held on Thanksgiving morning every year, went virtual this year! The course was set the day before Thanksgiving and runners were given through the weekend to time themselves on the course. All runners received a medal for participating. Thank you to our 2020 Turkey, Amelia Van Dongen for giving us a time to beat!

Throughout 2020, our focus changed from large, nationally recognized, major fundraisers, to much smaller, local races providing opportunities for our community to stay active safely and reminding everyone that the Y is still open and dedicated to its mission.

As we enter 2021, we look forward to hosting our major events again!

SHARKS REPORT – JIM WILLIS

The MDI Y Sharks began their season in mid-June of '20. The season created several changes from years past. These included swimmers arriving w/swim-suits on and changing in pool bleachers. A reservation system to attend practice due to limited numbers/lane. Home virtual meets (only Sharks) w/no spectators but many viewers online.

The team finally completed the long & difficult swim season the 1st weekend of May at the Maine Swimming Winter Champs held at the Bangor Y (where the Sharks participated) and 2 other sites. The Sharks finished 6th in the event, the 1st time that they competed against other swimmers & teams in actual competition, since March '20.

During the virtual Maine YMCA season, the Sharks had 4 home meets plus the Y state meet. The Sharks finished 3rd at the state meet w/several swimmers taking 1st place (Wyatt Braun, Lylah Wagstaff, JJ Cistone, Kemy Cistone, Kitty Saltysiak, Patrick Saltysiak & Peighton Skeate).

There are 4 Seniors graduating next month (Adria Horton, St Louis University in Madrid; Cody Parker, Rochester Institute of Technology; Ponce Saltysiak, Maine Maritime Academy; T.J. Willis, Space & beyond) .

There were 4 Individual Records and 3 Relay Records set this year.

Kemy Cistone (Ages 9-10) 200m Free 2:22.08

Wyatt Braun (Ages 9-10) 50m Fly 30.30; 100m Fly 1:12.64

Patrick Saltysiak (Ages 11-12) 100m Back 1:02.70

200 Medley Relay (Ages 11-12) Boys: Patrick Saltysiak, JJ Cistone, Wyatt Braun, Henry Sprague 2:02.06

200 Medley Relay (Ages 13-14) Girls: Peighton Skeate, Finley Smith, Elle Yarborough, Lylah Wagstaff 1:55.07

200 Free Relay (Ages 11-12) Boys: JJ Cistone, Wyatt Braun, Patrick Saltysiak, Henry Sprague 1:50.80

OPERATING FINANCIAL REPORT

October 1, 2019 - September 30, 2020

*Does not include depreciation

**Unaudited Numbers

***Does not include PPP

Other Income	\$25,154.87	Organizational Dues	\$16,800.77
Trustee Distribution	\$43,775.00	Other Expenses	\$65,465.03
Town of Bar Harbor	\$101,000.00	Supplies	\$59,012.05
Contributions	\$486,621.74	Occupancy, Equipment, Insurance	\$209,027.71
Program Income	\$349,067.57	Personnel	\$1,008,623.08
Membership Dues	\$336,725.60		
<hr/>		<hr/>	
TOTAL REVENUE & SUPPORT	\$1,342,344.78	TOTAL EXPENSES	\$1,358,928.64

COMMUNITY CONNECTIONS, COMMUNITY SUPPORT

DONOR RECOGNITION

MDI YMCA's Fiscal Year runs October-September. However, the Annual Report recognition is given to businesses and individuals who contributed to the Y during the 2020 Calendar Year (January-December).

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We want to ensure that we properly thank all donors. If there is a correction please contact the MDI YMCA at info@mdiyymca.org. If we have missed your name in the list of donors we apologize.



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If you would like more information on how you can join the Heritage Society, please contact the Executive Director, Tommy Parham, at exec@mdiymca.org

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Bar Harbor Campground
Bar Harbor Rotary
Bar Harbor Savings & Loan
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FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OUR MISSION

The Mission of the Mount Desert Island YMCA is to develop community, character, personal growth, and wellness in spirit, mind, and body for the greater MDI community.

OUR CAUSE

Strengthening the foundation of our communities. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow, and thrive.

OUR PROMISE

The MDI YMCA is a nonprofit, charitable organization that serves the greater MDI community. Donations help support our promise - to strive to keep programs open for all.

COMMUNITIES SERVED

Bar Harbor • Eden • Hulls Cove • Salisbury Cove
• Town Hill • Mount Desert • Hall's Quarry •
Northeast Harbor • Otter Creek • Pretty Marsh
• Seal Harbor • Somesville • Southwest Harbor •
Manset and Seawall • Tremont • Bass Harbor •
Bernard • Gotts Island • Seal Cove • West Tremont
• Trenton • Cranberry Islands • Swans Island •
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