



# COVID-19 Update

## Mount Desert Island YMCA

### Facility Re-Opening Guidelines\*

#### Phase One – Limited Access

##### Group Size Restriction 50

##### Facility Hours of Operation

Monday - Friday 6:00am-7:00pm (Closing 1-2pm daily for cleaning and sanitizing)

Saturdays – 8am-12pm      Sundays – Closed

##### Day Camp/Specialty Camp Hours of Operation/Beginning June 15<sup>th</sup>

Monday- Friday 7:30am-5:30pm/ 50 participants max

#### Community Access

- **Members Only** (No day passes, guest passes, or reciprocity at this time)
  - New membership sales allowed/Hancock County Residents only
  - Defy YMCA members allowed
- **Reserved Access** Members will be allowed 1 hour of access per day and will need to reserve their spot in advance by phone or online platform. Reservation will include time slot and location within the building.
- **Entrance Screening Required** All persons who enter the facility will be subject to a touch-free temperature check and will be required to answer screening questions. All persons entering the facility must have a mask. Masks must be worn in all common areas and in all areas where social distancing may not be possible. *Facemasks are not required on cardiovascular and/or strength equipment but are required while transitioning to and from equipment.*
  - No entry for temperatures 100.4 or greater
  - **No mask no entry – Masks available for purchase**
  - Screening Questions:
    - Do you have any of the following symptoms: Fever, sore throat, cough, shortness of breath? (If yes to any, no entry).
    - Have you been in contact with anyone with a confirmed case of COVID-19? (If yes, ask next questions).
      - Have you completed a 14-day stay-at-home quarantine since this contact or tested NEGATIVE for COVID-19? (If no, no entry).
    - Have you traveled out of the state recently? If yes, ask next question)

- Have you completed a 14-day stay-at-home quarantine since arriving back in the state or tested NEGATIVE for COVID-19? (If no, no entry).
- **Hand Sanitization** All persons required to sanitize hands before entering the facility at hand sanitization station. Stations available throughout building.
- **Adults & Families** Only persons **18+** will be allowed in the facility independently. All persons under the age of 18 must be in the same areas of the facility as their parent or caregiver. Only children 13 years and older can be in fitness areas with parent or caregiver.

### **Physical Distancing Code of Conduct**

- All staff will be required to wear Personal Protective Equipment such as Masks and will wear gloves as required, unless they are in room working independently.
- A 6-foot distance is required between all persons within the facility.
- A 14-foot distance is required between all persons exercising within fitness areas.
- Front desk barrier will be in place to protect staff and members.
- Members to use floor markings to maintain distance from staff.
- No social seating allowed. Chairs available for physical limitations and footwear change only.
- Hygiene expectations posted in lobby upon entrance and throughout active areas of the facility.
- Code of Conduct instructions will be posted clearly in lobby.
- Code of Conduct instructions will be reviewed with all members when they reserve their spot for the facility, verbally through phone call reservation.

### **Facility Usage Available**

- **2<sup>nd</sup> Floor Fitness Center/Reservation only**
  - Maximum number of people: 10
  - Selective equipment might be closed to ensure physical distancing
  - Limited availability of handheld equipment with required sanitation protocols following use.
- **1<sup>st</sup> Floor Fitness Area/Reservation only**
  - Maximum number of people: 10
  - Selective equipment might be closed to ensure physical distancing
  - Limited availability of handheld equipment with required sanitation protocols following use.
- **Pool/Reservation only**
  - Lap swim available only
  - Maximum number of people: 6
  - 1 person per lane
  - Single use changing room available for individuals with special needs only
- **Track & Track-Side Areas/Reservation only**
  - Maximum number of people: 6
- **Basketball Courts**
  - Closed
- **Community Room/Child Care and Camp Only**
  - Maximum number of people: 10
  - Access by exterior door only for registered participants.

- Caregivers will not enter the facility during pick-up and drop-off.
- Staff will wear PPE during greetings, screenings, pick-up, and drop-offs.
- **Child Care Rooms (2<sup>nd</sup> Floor)**
  - Maximum number of people: 10 per room/group
  - Access limited to staff and registered participants.
  - Caregivers will not enter the facility during pick-up and drop-off
  - Staff will wear PPE during greetings, screenings, pick-up, and drop-offs.
- **Locker Rooms**
  - Closed
- **Single Use Bathroom**
  - Open
- **Lobby**
  - Closed to seating
  - No coffee available
- **Child Watch (called Kid's Stop) Area (Wolf's Den)**
  - Closed
- **Kitchen**
  - Staff Only
- **Offices**
  - Staff Only
  - Maximum number of people per office: 1 or more if social distancing guidelines can be followed.
- **Welcome Center Check-in Area**
  - Maximum number of people: 2 behind front desk
- **Elevator**
  - Maximum number of people: 1 (Unless living within same household)
  - Necessary use only
- **Towel Service**
  - Discontinued

## **Programming**

- Provision of Essential Child Care
- Provision of Summer Camp
- No Group Indoor Exercise Classes (Continue Virtual options/outdoors options)
- No Programs except Swim Team following established guidelines. Contact Jim Willis at [sharks@mdiymca.org](mailto:sharks@mdiymca.org) for details. (Youth or Adult)

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\*Guidelines are subject to change. Please continue to review the guidelines periodically to ensure you are up-to-date on our newest guidelines.